



a new leaf

helping families, changing lives

Nurturing Parenting

**Maricopa
County**

A New Leaf's Nurturing Parenting Program works with families to strengthen their parenting abilities, with services provided both in-home and in the community.



Building Stronger Parent-Child Relationships

This short-term program is designed to create lasting, positive change within families by strengthening the parent-child relationship. Through focused support and education, parents gain tools that not only address current challenges but also build a foundation for lifelong connection, understanding, and stability within the home.



Practical Parenting Skills for Everyday Life

Parents learn how to better understand their children's development, needs, and emotions. The program focuses on age-appropriate expectations, positive communication, and non-violent discipline strategies that replace punishment with guidance and support. Families also explore healthy roles within the household while encouraging children's independence, confidence, and self-awareness.



Flexible, Culturally Responsive Curriculum

All programming is rooted in the Nurturing Skills for Families curriculum, with additional specialized options available to meet diverse family needs. These include support for families in substance use recovery, single fathers, LGBTQ+ families, African American families, and Native American families. This flexible approach ensures each family receives relevant, respectful, and effective support.

How to Access Support

A New Leaf's Nurturing Parenting Program serves clients who are referred from the Department of Child Safety.

If a family is working with the Department of Child Safety they should inform their DCS Specialist that their family could benefit from the Nurturing Parenting Program. The DCS Specialist will determine if the family is eligible for the service, and if so, will make a referral for the service.

Services are provided in a variety of locations depending on the client's needs.

Other Resources

A New Leaf is here for you. If you are looking for family support services, you may also be interested in some of the services below. Please ask a staff member at A New Leaf about these programs or go to **TurnaNewLeaf.org**.

- Parenting Resources
- Financial Coaching and Budgeting
- Emergency Rental Assistance
- Long-term Affordable Housing
- Employment Assistance
- Food Assistance

Equal Opportunity Employer/Program - Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI & VII), and the Americans with Disabilities Act of 1990 (ADA), Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, and Title II of the Genetic Information Nondiscrimination Act (GINA) of 2008; the Department prohibits discrimination in admissions, programs, services, activities, or employment based on race, color, religion, sex, national origin, age, disability, genetics and retaliation. To request this document in alternative format or for further information about this policy, contact the Division of Aging and Adult Services at 602-542-4446; TTY/TDD Services: 7-1-1. Free language assistance for DES services is available upon request.